

SAFE + SOUND



Safe + Sound is an OSHA campaign focused on the importance of safety and health programs in the workplace. Every year, more than 5,000 workers are killed on the job (a rate of 14 per day), and more than 3.6 million suffer a serious job-related injury or illness.

Serious job-related injuries or illnesses don't just hurt workers and their families, but can hurt business in a variety of ways. Implementing a safety and health program, however, can improve small- and medium-sized businesses' safety and health performance, save money, and improve competitiveness.

The Safe + Sound campaign focuses on one of the three main components of a successful safety and health program each quarter including Safe + Sound Week in the month of August. The campaign is organized as follows:

- Quarter 1 – Management Leadership
- Quarter 2 – Finding and Fixing Hazards
- Quarter 3 – Safe + Sound Week
- Quarter 4 – Worker Participation

The Safe + Sound webpage, <https://www.osha.gov/safeandsound>, contains information and tools on the three components (Develop Your Program) and Safe + Sound Week (Safe + Sound Week) suggested activities.

Safe + Sound is a way a company, or even an association, can work together on improving safety programs within their collective organizations. An association could become involved in the Safe + Sound campaign and track member participation, recognize those that have improved their safety and health programs, and share best practices with other members. Your local Compliance Assistance Specialist (CAS) is also a resource and can provide assistance as you take the challenge of a Safe + Sound campaign in your company or organization. You can find your local CAS at <https://www.osha.gov/complianceassistance/cas-directory>.

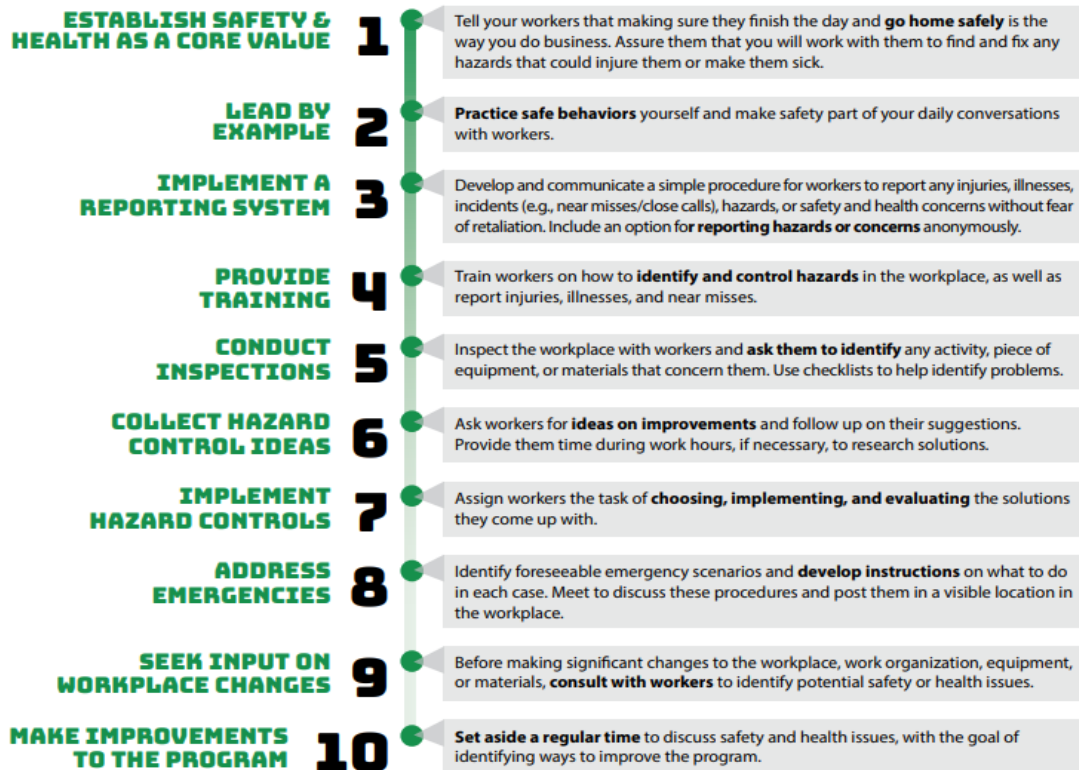
As part of the on-going initiative, each month there are two emails sent out related to the campaign:

- [Safe + Sound at Work](#) covers Safe + Sound information along with other important OSHA news
- [Safe + Sound Partnership News](#) includes a 'punch list' of activities you can implement in the workplace related to the component being covered that quarter.

A number of organizations have partnered with OSHA to promote the Safe + Sound campaign:



The following are some additional steps you can take to get started. Completing these steps will give you a solid base from which to take on some of the more structured actions you may want to include in your program.



More structured actions for a safety and health program can be found in OSHA's recommended practices for safety and health programs. The OSHA Quickstart can help you identify areas related to hazards and OSHA compliance. For those that need some hands on assistance, the OSHA Consultation program can provide free safety assistance to small employers.



Recommended Practices for Safety and Health Programs

<https://www.osha.gov/sites/default/files/OSHA3885.pdf>



Recommended Practices for Safety and Health Programs Construction

<https://www.osha.gov/sites/default/files/OSHA3886.pdf>



OSHA Quickstart

<https://www.osha.gov/complianceassistance/quickstarts>



OSHA Consultation Service

<https://www.osha.gov/consultation>

Sign up for the 2021 Safe + Sound Week, August 9 – 15, at <https://www.osha.gov/safeandsoundweek> and begin the journey to a safe and healthful workplace. Ideas on how you can participate are also found under 'Plan and Promote Your Events'.

This information has been developed by an OSHA Compliance Assistance Specialist and is intended to assist employers, workers, and others improve workplace health and safety. While we attempt to thoroughly address specific topics [or hazards], it is not possible to include discussion of everything necessary to ensure a healthy and safe working environment in this presentation. This information is a tool for addressing workplace hazards, and is not an exhaustive statement of an employer's legal obligations, which are defined by statute, regulations, and standards. This document does not have the force and effect of law and is not meant to bind the public in any way. This document is intended only to provide clarity to the public regarding existing requirements under the law or agency policies. It does not create (or diminish) legal obligations under the Occupational Safety and Health Act. Finally, OSHA may modify rules and related interpretations in light of new technology, information, or circumstances; to keep apprised of such developments, or to review information on a wide range of occupational safety and health topics, you can visit OSHA's website at www.osha.gov.